

## "CYBERBULLYING & SOCIAL MEDIA" PARENT PROGRAM:

More & more schools nationwide are requesting a parent program focused on the topics of "Cyberbullying & Social Media". In today's technologically-driven world, this talk is perfect for addressing ways to help our children navigate responsibly online. Along with taking a comprehensive look at mental & emotional health among youth this presentation will also:

- ➤ Touch on the main themes & stories shared with youth during the 'Mr. Peace' primary "Bullying" assembly (i.e., Appreciate other's differences; See everyone as human beings; Look at one's heart first; Hurt people hurt people, but healed people heal people; Have courage to do what's right; All of us are unique miracles, etc.)
- ➤ Provide insight on how modifying one's own mobile device habits can significantly influence how children will ultimately utilize their smartphones, tablets, etc.
- > Review statistics surrounding the trends of cell phone addiction & social media usage
- Explore the gravity of the epidemic of (cyber) bullying & the new laws that have been created to counter it (i.e., the good vs. the bad of social media)
- ➤ Offer practical tools for online safety, which parents can implement with their kids moving forward (i.e., "Resource" link made available post-program for all attendees)

Schools generally schedule these adult talks before school begins or after school hours, with student assemblies prior to or following the parents' so everyone is on the same page.

