



TALES FROM A BICYCLE SEAT

Riding a bike can be a lot of fun, but it's important to ALWAYS ride SAFELY. Here are 10 RULES TO RIDE SAFE

 <p>RULE NUMBER 1: Wear something bright so you can be seen by others - being seen is being safe.</p>	 <p>RULE NUMBER 2: ALWAYS wear a helmet, because it protects your head if you crash, and ALL good riders, like me, wear a helmet.</p>
 <p>RULE NUMBER 3: Ride with an adult, like your parent, or an older brother or sister. OR, tell an adult where you are going.</p>	 <p>RULE NUMBER 4: If you're gonna ride on the road, ride on the right side of the road, in the same direction cars are going. OR-></p>
 <p>RULE NUMBER 5: ->You can ride OFF-ROAD: like in a park or on A TRAIL, where there aren't any cars.</p>	 <p>RULE NUMBER 6: If you're riding on a trail or a sidewalk, watch out for any people walking. If you need to pass someone, let them know before you do it, by ringing your bike bell.</p>
 <p>RULE NUMBER 7: OBEY ALL ROAD SIGNS If you see a STOP SIGN OR A RED SIGNAL, you have to stop A green signal, means you can go, BUT FIRST you have to follow -></p>	 <p>RULE NUMBER 8: ->Which is to LOOK and LISTEN- this means you use your eyes and your ears before you GO</p>
 <p>RULE NUMBER 9: When you're crossing a street, a crosswalk, driveway, or ANY place a car could pull out, you should ALWAYS stop and look left, then look right, then look left again. Make sure there isn't a car coming before you continue biking.</p>	 <p>RULE NUMBER 10: BEST RULE - HAVE FUN, and get ready to get on your bikes and RIDE!</p>