



Academic Entertainment

Outstanding School Assemblies

Steps 1 to 4: Bully No More!

Transform your school into a positive and empowered learning environment.

Steps 1 to 4: Bully No More! is an exciting, magical, and fun-filled program designed to educate about bullying. Through the use of music, comedy, magic, and role-playing with fun masks, students will learn what bullying is and how to identify it. They also learn techniques to help themselves and friends when being bullied and how to prevent bullying.



Students learn and practice techniques in this highly interactive program.

Students participate in the program through role-playing using masks, games, and singing to help them master the anti-bullying techniques introduced. This program also discusses: the different types of bullying behavior; how working together lessens bullying; how to open lines of communication; and how bystanders can help.

A complete, comprehensive, packed-with-fun 45 minutes.

Unique types of bullies are identified and discussed. Students learn tools to address psychological, emotional, and cyber bullying. Effective strategies leave students and staff feeling empowered and closer together.



AcademicEntertainment.com

800-883-9883



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Program Specifications

Presentation Time:

Forty-five to 60minutes.

Set-Up Time:

One Hour

Take-Down Time:

Thirty minutes.

Capacity:

Approximately 400 people.

Assembly Requirements:

- Please provide a sound system (only as a backup, if necessary)
- A heavy-duty extension cord and access to an electrical outlet.
- Three folding chairs.
- **Please select eight (8) hard-working, honest, candid and out-going students with an average or above-average reading level to act as volunteers during the program.**
- **Please allow the volunteers to meet with the performer 20 minutes before show time for costuming and explanation of volunteer roles.**
- Please provide one bottle of water for the performer.



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Program Concepts

Bullying happens when: a person or group hurts or scares another person on purpose, and the person being picked-on is unable to defend himself or herself. Bullying is recurring; it usually happens over and over again.

We can't discern or tell who a bully is by the way a person looks.

The way a person behaves makes someone a bully. Some of the most common bullying behaviors include verbal bullying, physical bullying, intellectual bullying, social bullying and cyber bullying. All of these are serious behaviors and need to be addressed!

Bullying happens most frequently at school. Bullies choose places at school where they can find victims and where there is limited supervision. These places may include: the bus, the playground, the gym, the cafeteria, the bathroom, and hallways.

S.A.F.E. is an acronym to help remember what to do and how to act when being bullied. S.A.F.E. stands for: Stand tall, Ask for help, Figure out your options, End it calmly.

Sometimes we know about bullying happening to someone else. The person being bullied needs a H.E.R.O. step in! H.E.R.O. is another acronym to help remember what to do and how to act when bullying happens to someone else. H.E.R.O. stands for: Help out, Empathize, Report, Open communication.