

Ropeworks In Service

The all day in service is a wonderful way to give kids an opportunity to work with Rene and learn the skills she demonstrates during the assembly. Here are a few things to consider when planning Rene's all day visit.

Creating the schedule:

That's up to you and how you'd like the day to work. We always start the morning by kicking it off with Rene's motivational school assembly. Some schools choose to do two assemblies. That's fine too, but limits how much time remains in the day for the jump sessions. After that, the kids visit with Rene for a period of 30 minutes to an hour depending on your school schedule and expectations. Groups can range in size up to 60 kids at a time.

Different schools divide the day up in different ways.

Some schools really like to have every student spend time with Rene. That's just fine. It does mean that classes are likely to be either, bigger, shorter or both. That's ok and Rene can make just about anything work. We don't suggest you schedule the classes any shorter than 30 minutes in length. If space is limited, we can "take turns" and share ropes with a partner throughout the workshop. This is a great option for schools who want to give all kids some hands on time with Rene and motivated about physical activity.

If you're concerned about making the schedule work, you may consider doing a "meet and greet" with your younger kids (k-1) all at one time. Any sized group can work here. Rene can give an extra demo, show kids a fun group activity and get them moving and excited about physical activity. Doing this can save a little time for the older kids, who are likely to benefit more from Rene's technical suggestions and skill progressions. 30 minutes is adequate to create a fun experience for your little ones.

Other schools choose to send just a few grade levels, one class at a time, and figure that those kids (usually 3rd grade or older) can share their skills with other kids in school. This is certainly another way to organize the day, and allows a little more time for all kids to try double Dutch, and get a little more hands on help from Rene.

No matter how you choose to divide your day, the choice really is up to you. Please allow at least 30 minutes for a lunch break.

Prepare Equipment and Staff

Please provide a boom box a microphone and jump ropes for the classes. Due to Rene's tight travel schedule, it's not possible for her to bring jump ropes for use. So, we'll need to make sure it's ok with the PE department to borrow them for the day. Again kids can share ropes during the session. If you'd like to order additional ropes,

